









PSHE Whole School Overview



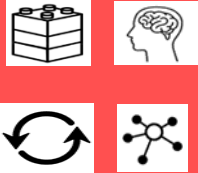
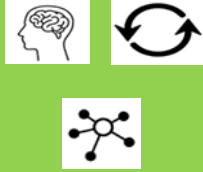
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Charity/awareness Days</b>	Jeans for Genes Wear Red for SRTRCD	Respect Week Remembrance Day (poppy sale) Harvest Children in Need Christmas Jumper Day Anti-bullying week	Red Nose Day/Comic Relief	World Book Day	Enterprise Fair	Proud to be diverse day Y6 Health and Wellbeing Week
<b>Whole School</b>	Thrive Zones of Regulation RedStart Financial Education NUFC Core Values: Collaborative, Discipline, Hard Working, Passionate Commando Joes British Values and Protected Characteristics Global goals and Sustainability					
<b>Nursery</b>	<b>All about me</b> Achieve a goal they have chosen  	<b>Are we all the same?</b> <b>Celebrations</b> Shows solution to conflicts and rivalries. Understand gradually how others might be feeling Develop appropriate ways of being assertive Shows solution to conflicts and rivalries.	<b>Traditional Tales</b> (Three Little Pigs, Goldilocks, Gingerbread man and Three Billy Goats Gruff) Feelings of others - how are the characters feeling?  	<b>People who help us</b> Develop their sense of responsibility and membership of a community. Following rules and understanding why they are important.  	<b>Growing</b> Be increasingly independent in meeting their own care needs eg. brushing teeth, using the toilet, washing and drying their hands thoroughly. Make healthy choices about food, drink, activity and toothbrushing. Know and talk about the different factors that support their overall health and	<b>Enquiry Based Learning topic</b> How do we Keep our Bodies Safe?  

Green - Health and Wellbeing

Red - Relationships

Blue - Living in the Wider World

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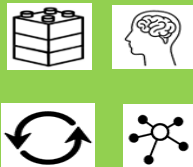


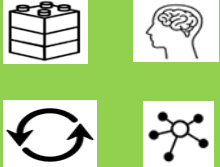








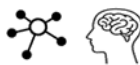
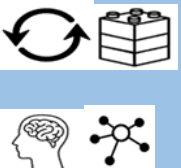
		<p>Understand gradually how others might be feeling</p> 			<p>wellbeing: regular physical activity, healthy eating, toothbrushing, sensible amount of screen time, having a good sleep routine and being a safe pedestrian.</p> <p>HealthWorks (Lisa Conroy), oral hygiene and healthy eating workshops</p> 		
<p>Reception</p>	<p>Teacher Led Pants Talk revisited regularly throughout the year</p>	<p><b>Who am I?</b> Classroom routines/rules Builds constructive and respectful relationships Think about the perspective of others Work and play cooperatively and take turns with others Form positive attachments to adults, and friendships with peers.</p>	<p><b>What do you celebrate?</b> See themselves as a valuable individual Explain the reasons for rules, to know right and wrong and to behave accordingly Similarities and differences between celebrations Safety at Bonfire night</p>	<p><b>Winter</b> Express their feelings and consider the feelings of others. Identify and moderate their own feelings socially and emotionally. Think about the perspective of others Turn taking</p>	<p><b>Do All Traditional Tales Live Happily Ever After?</b> Show resilience and perseverance in the face of challenge Discuss good/bad character</p> 	<p><b>Healthy Bodies</b> Play cooperatively Turn taking Regulate behaviour</p> 	<p><b>Where do minibeasts live?</b> Manage their own needs: personal hygiene Be confident to try new activities and show resilience and perseverance. Manage their own basic hygiene and understand the importance of healthy food choices Discuss caring for minibeasts and the environment they live in</p>

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
	<p>Show sensitivity to their own and others needs.</p> 		<p>Brush Up visit-dental hygiene.</p> 			<p>Transition to Y1</p> 
<p>Year 1</p>	<p><b>What is the same and different about us?</b></p>  <p>Discovery Ed: Similarities and Differences Module - Recognising Strengths and Respecting Differences</p> <p>Discovery Ed: Healthy and Happy Friendships module - Making friends and getting along</p>  <p><b>Teacher Led Pants</b></p>	<p><b>Who is special to us?</b></p> <p>Discover Ed: Caring and Responsibility module - Our Special People - Lesson 1 and 2</p> <p>Discovery Ed: Families and committed relationships - The Importance of Family</p>  <p><b>Commando Joes: Traditional Tales</b></p> 	<p><b>What helps us stay healthy?</b></p> <p>Discovery Ed: Healthy bodies, Healthy minds - Amazing Bodies</p> <p>Discovery Ed: Coping with Change Module - Growing and Changing</p> <p><b>Teacher Led Hand Washing and Oral Hygiene (CS)</b></p> <p><b>Commando Joes: The Queen</b></p> 	<p><b>What can we do with money?</b></p> 	<p><b>Who helps to keep us safe?</b></p> <p>Discovery Ed: Caring and Responsibility module - Our Special People - Lesson 3</p>  <p><b>Pol-Ed</b></p>  <p><b>Commando Joes: Simba and Me</b></p> 	<p><b>How can we look after each other and the world?</b></p> <p><b>Pol- Ed</b></p> 

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PSHE Whole School Overview

	<p>Talk (CS) </p>					
<p>Year 2</p>	<p><b>What makes a good friend?</b> Discovery Ed: Healthy and Happy Friendships module: What Makes a Happy Friendship?</p> <p> </p> <p> </p> <p>Pol Ed</p>	<p><b>What helps us to stay safe?</b></p> <p> </p> <p> </p> <p>Pol Ed</p> <p>Commando Joes: Pocahontas</p>	<p><b>What helps us grow and stay healthy?</b></p> <p>Discovery Ed: Healthy Bodies, Healthy Minds module - Staying Safe and Healthy</p> <p>Pants Talk (Pantosaurus) (CS)</p> <p>Dental Students for Oral Hygiene</p> <p> </p> <p> </p>	<p><b>What is bullying?</b> Pol Ed</p> <p>Discovery Ed: Similarities and Differences module - Strengths, abilities and stereotypes</p> <p> </p> <p> </p> <p>Commando Joes: Samuel Pepys</p>	<p><b>What jobs do people do?</b> Discovery Ed: Coping with Change Module - Growing Up and Setting Goals</p> <p>Discovery Ed: Caring and Responsibility Module- Special People in our Communities</p> <p> </p> <p> </p>	<p><b>How do we recognise our feelings?</b> Discovery Ed: Families and committed relationships - The Diversity of Our Families</p> <p>Pol Ed</p> <p> </p> <p> </p> <p>Commando Joes: Steve Backshall and Me</p>

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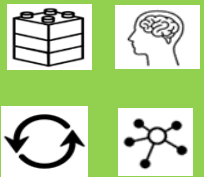
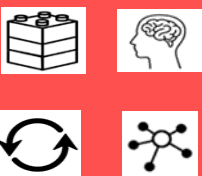
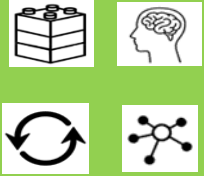
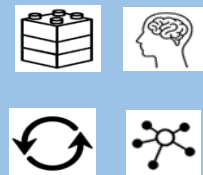
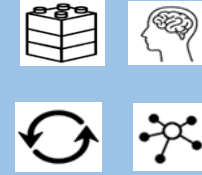
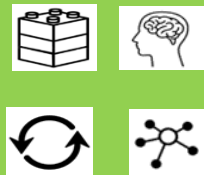
<p>Year 3</p>	<p>Melva (CS)</p>	<p><b>How can we be a good friend?</b></p> <p>Discovery Ed: Healthy and Happy Friendships module: Being a Good Friend</p> <p>Discovery education: Coping with Change module: Coping with Feelings When Things Change</p>    	<p><b>What keeps us safe?</b></p> <p>Discovery Ed: Caring and Responsibility module: Responsibilities and Boundaries</p>    	<p><b>What are families like?</b></p> <p>Discovery Education: Families and Committed Relationships module: Different Types of Committed Relationships</p>    	<p><b>What makes a community?</b></p> <p>Discovery Education: Similarities and Differences module: Valuing and respecting one another</p>    	<p><b>Why should we eat well and look after our teeth?</b></p> <p>Discovery Education: Healthy Bodies, Healthy Minds module: Sleep, Food and Hygiene</p>    	<p><b>Why should we keep active and sleep well?</b></p>    
			   	<p><b>Commando Joes:</b> Spartacus</p> <p><b>First aid:</b> Bites and Stings</p> <p>Brush Up visit-dental hygiene</p>		<p><b>Commando Joes:</b> Arthur Wharton</p>	<p>Pol Ed</p>

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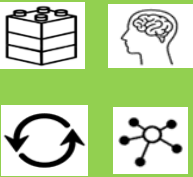
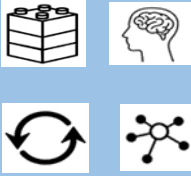
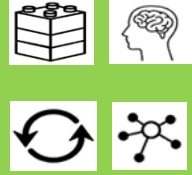
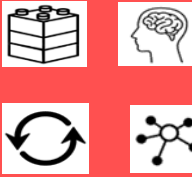
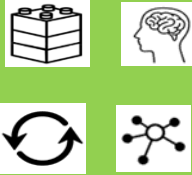
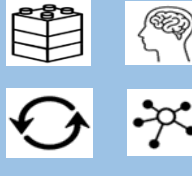
Year 4	Melva (CS)	<p><b>What strengths, skills and interests do we have?</b></p> <p>Discovery Ed: Healthy Bodies, Healthy Minds module: Influences and Personal Choices</p> 	<p><b>How do we treat each other with respect?</b></p> <p>Discovery Ed: Healthy and Happy Friendships module: Solving Friendship Difficulties</p> <p>Discovery Ed: Families and Committed Relationships module: Families and Other Relationships</p> 	<p><b>How can we manage our feelings?</b></p> <p>Discovery Ed: Coping with Change Module: Puberty and Hygiene</p>  <p>Pol Ed</p>	<p><b>What strengths, skills and interests do we have?</b></p> <p>Preparing for Enterprise with a focus on careers</p> <p>Discovery Ed: Caring and Responsibility module: Rights and Responsibilities</p> 	<p><b>How can our choices make a difference to others and the environment?</b></p> <p>Discovery Ed: Similarities and Differences module: Identity and Diversity</p> 	<p><b>How can we manage risk in different places?</b></p> 
		<p><b>Commando Joes:</b> Levison Wood</p>	<p><b>Commando Joes:</b> Sir Ernest Shackleton</p>	<p><b>Commando Joes:</b> Leif Erikson</p>	<p><b>First Aid:</b> Asthma</p>		

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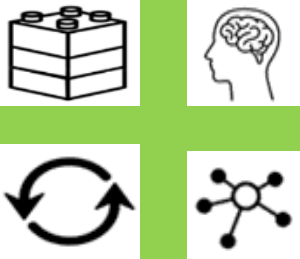
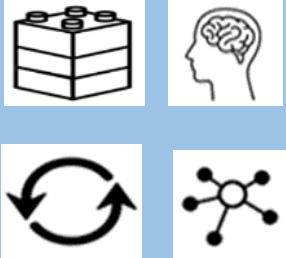
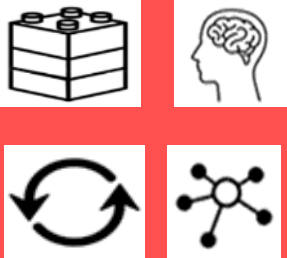
Year 5	Melva (CS)	<p><b>What makes up a person's identity?</b> Discovery Ed: Healthy and Happy Friendships module: Changing Friendships</p> <p>Discovery Ed: Coping with Change module: Puberty and Emotions</p> 	<p><b>What decisions can people make with money?</b></p> <p><b>Learn to ride and Bikeability.'</b></p> 	<p><b>How can we help in an accident or emergency?</b> Discovery Ed: Caring and Responsibility module: Caring in the Community</p> 	<p><b>How can friends communicate safely?</b> Discovery Ed: Families and Committed Relationships module: Healthy, Committed Relationships</p> 	<p><b>How can drugs common to everyday life affect health?</b> Discovery Ed: Healthy Bodies, Healthy Minds module: Valuing Our Bodies and Minds</p>  <p>Pol Ed</p>	<p><b>What jobs would we like?</b> Discovery Ed: Similarities and Differences module: Celebrating Strengths and Setting Goals</p> <p>School nurse: puberty talk</p>  <p>Pol Ed</p>
		<p>Commando Joes: Ed Stafford</p>	<p>First Aid: Bleeding Basic Life Support</p>	<p>Commando Joes: Tim Peake</p>	<p>Commando Joes: Junko Tabei</p>		

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Year 6	<p><b>How can we keep healthy as we grow?</b>                  Discovery Ed:                  Healthy Bodies, Healthy Minds                  module: Being the Best Me</p> 	<p><b>How can the media influence people?</b>                  Discovery Ed: Similarities and Differences module:                  Respectful Behaviour Online and Offline</p> 	<p><b>What will change as we become more independent? How do friendships change as we grow?</b>                   Discovery Ed:                  Healthy and Happy Friendships module:                  Relationships and Feelings                   Discovery Ed: Caring and Responsibility module:                  Respectful Behaviour As We Get Older                   Discovery Ed: Coping with Change Module:                  Coping with Emotional Effects of Life Changes                   Puberty Talk (Teacher led)                  Knife Crime workshop (Teacher led)</p> 
	<p><b>Commando Joes:</b>                  Amelia Earhar                  First Aid:</p>	<p><b>Commando Joes:</b>                  Sir Ranulph Fiennes</p>	<p><b>Commando Joes:</b>                  Tutankhamun                  First Aid:</p>

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## PSHE Whole School Overview

	Choking		Basic Life Support
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These topics are from the PSHE Association and are enhanced by the Discovery Education modules. Zones of Regulation is taught and embedded in classes.

The three strands of learning have been applied to Early Years as relevant as possible as PSHE is embedded in continuous provision daily.

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