

Bridgewater PE Curriculum Map

***locomotor** (e.g. running, **skipping, galloping**), **non-locomotor** (e.g. **balances and shapes**), and manipulative (e.g. **throwing, catching, kicking**) Skills taught are dependent on ability and year group - see curriculum skills and knowledge profoma for PE.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	FUNdamentals Locomotor Non Locomotor Manipulative	FUNdamentals Locomotor Non Locomotor Manipulative Dance Festivals and celebrations Moving freely slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding hopping	Gymnastics Stretching Climbing Moves freely Moves in a variety of ways Dance Traditional tales Moving freely slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding hopping	Gymnastics Stretching Climbing Moves freely Moves in a variety of ways Dance People who help us Moving freely slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding hopping	Ball skills Kick Catch Large Ball Negotiate Space	Ball Skills Kick Catch Large Ball Negotiate Space
Reception	FUNdamentals Locomotor Non Locomotor	FUNdamentals Locomotor Non Locomotor	Gymnastics Stretching Balance	Gymnastics Stretching Balance	Ball Skills Kick Catch	Ball Skills Kick Catch

	Manipulative	Manipulative Dance Celebrate Travel Confidence Speed Direction Under Over Control coordination	Moves in a variety of ways Jumping Travelling Dance Once upon a time Travel Confidence Speed Direction Under Over Control coordination	Moves in a variety of ways Jumping Travelling Dance Super heroes Travel Confidence Speed Direction Under Over Control coordination	Throw Size/Object Control Negotiate space Speed Direction	Throw Size/Object Control Negotiate space Speed Direction
Y1	FUNdamentals Locomotor Non Locomotor Manipulative	FUNdamentals/ Ball Skills Locomotor Non Locomotor Manipulative Dance Toys	Gymnastics Stretching Balance Control Positions Travelling Linking movements	Gymnastics Stretching Balance Control Positions Travelling Linking movements	Team Games/Ball skills(throwing and catching) Team Work Chasing/Avoidance games	Athletics Balance Travel Direction Throw Catch Right/left hand

		<p>Movement</p> <p>Beat</p> <p>Rhythm</p> <p>Routine</p> <p>Link</p> <p>sequence</p> <p>create</p>	<p>Dance</p> <p>Famous people –</p> <p>Tea dance</p> <p>Movement</p> <p>Beat</p> <p>Rhythm</p> <p>Routine</p> <p>Link</p> <p>sequence</p> <p>create</p>	<p>Dance</p> <p>Famous Places-</p> <p>Tea Dance</p> <p>Movement</p> <p>Beat</p> <p>Rhythm</p> <p>Routine</p> <p>Link</p> <p>sequence</p> <p>create</p>	<p>Receiving -stop, trap, catch, hand over</p> <p>Sending– under, over, speed, direction</p> <p>Objects/Size</p> <p>Balance objects</p> <p>Travel</p>	
Y2	<p>FUNdamentals</p> <p>Locomotor</p> <p>Non Locomotor</p> <p>Manipulative</p>	<p>FUNdamentals/ Ball Skills(kicking- football)Team games</p> <p>Locomotor</p> <p>Non Locomotor</p> <p>Manipulative</p> <p>Receiving – stop</p> <p>Sending – target, kick, push, force, Travel</p> <p>Target</p>	<p>Gymnastics</p> <p>Stretching</p> <p>Balance</p> <p>Control</p> <p>Positions</p> <p>Travelling</p> <p>Linking</p> <p>movements</p> <p>Team work</p> <p>Create</p> <p>Plan</p>	<p>Gymnastics</p> <p>Stretching</p> <p>Balance</p> <p>Control</p> <p>Positions</p> <p>Travelling</p> <p>Linking</p> <p>movements</p> <p>Team work</p> <p>Create</p> <p>Plan</p>	<p>Team Games/Ball skills(kicking- football, throwing and catching)</p> <p>Team Work</p> <p>Chasing/Avoidance games</p> <p>Receiving-stop, trap, catch, hand over</p>	<p>Athletics</p> <p>Skip</p> <p>Gallop</p> <p>Right/left</p> <p>Speed</p> <p>Direction</p> <p>Pathways</p> <p>Travel</p> <p>Combination</p> <p>Moving accurate</p>

		Score Dance Victorian children Movement Beat Rhythm Routine Link sequence create	Dance The great fire of London Movement Beat Rhythm Routine Link sequence create	Dance Australia Movement Beat Rhythm Routine Link sequence create	Sending– under, over, speed, direction Objects/Size Balance objects Travel Target Score	
Y3	FUNdamentals Locomotor Non Locomotor Manipulative Gymnastics Balance Levels Tension Shape Jump	Basketball Team work Dribbling Passing Shooting Rebounding Defence Dance The Romans	Basketball Team work Dribbling Passing Shooting Rebounding Defence Tag Rugby Team work	Tag Rugby Team work Tackle Defend Attack Pass Tag space	OAA Problem solving Team work Orientating Beamish Wild Trip Athletics Apparatus Equipment Judge Performance	Athletics Apparatus Equipment Judge Performance Explain Reflect Travel

	Position Apparatus Sequence Judge Explain Suggest	Balance Control Movement Sequence Unison Partner Travel	Tackle Defend Attack Pass Tag space Dance Spain – flamenco Balance Control Movement Sequence Unison Partner Travel	Dance Anglo Saxons Balance Control Movement Sequence Unison Partner Travel	Explain Reflect Travel	
Y4 Swimming Entry Exit Buoyancy Balance Rotation	FUNDamentals Locomotor Non Locomotor Manipulative Gymnastics Balance Levels	Team Games – Quiksticks Team Work Dribbling Passing Tackling Shooting	Team Games – Quiksticks Team Work Dribbling Passing Tackling Shooting	Games –Tennis Team work Independent Strokes Offensive Defensive Movement	Games –Tennis Team work Independent Strokes Offensive Defensive Movement	Athletics Throwing Technique Distance Individual Team Jump

<p>Orientation Streamline Breathing Travel Coordination Water safety Health and fitness</p>	<p>Height Distance Tension Shape Jump Position Apparatus Sequence Judge Explain Suggest</p>	<p>Dance Electricity Control Balance Dynamic balance Sequence Height Movement Individual Partner unison</p>	<p>Dance Italy Control Balance Dynamic balance Sequence Height Movement Individual Partner unison</p>	<p>Dance Settlements Control Balance Dynamic balance Sequence Height Movement Individual Partner unison</p>	<p>OAA Problem solving Team work Orientating Beamish Wild Trip</p>	<p>Combination Travel Dynamic balance Pace improve</p>
<p>Y5 Swimming Entry Exit Buoyancy Balance Rotation Orientation</p>	<p>FUNdamentals Locomotor Non Locomotor Manipulative Gymnastics Balance Levels Height</p>	<p>Team Games – Hockey Team Work Dribbling Passing Tackling Shooting Dance Brazil</p>	<p>Team Games – Hockey Team Work Dribbling Passing Tackling Shooting Dance Brazil</p>	<p>OAA Problem solving Team work Orientating Dance Ancient Greece Canon</p>	<p>Beamish Wild Trip Athletics Suggest Plan Balance Travel Jump Run Run</p>	<p>Athletics Suggest Plan Balance Travel Jump Run Send</p>

Streamline Breathing Travel Coordination Water safety Health and fitness	Distance Tension Shape Jump Position Apparatus Sequence Canon Partner Communicate Judge Explain Suggest	Canon Sequence Partner Small group Stillness Levels Space Direction Pace plan	Canon Sequence Partner Small group Stillness Levels Space Direction Pace plan	Sequence Partner Small group Stillness Levels Space Direction Pace plan	Send Distance Speed	Distance Speed
Y6	FUNdamentals Locomotor Non Locomotor Manipulative Athletics Encourage Plan Solution	Athletics Encourage Plan Solution Dynamics Balance Travel Jump	Gymnastics Balance Levels Height Distance Tension Shape Jump	Team Games – Netball Team work Passing Footwork Defending Receiving the ball	Team Games – Netball Team work Passing Footwork Defending Receiving the ball	OAA Problem solving Team work Orientating Rounders Team work

	Dynamics Balance Travel Jump Run Send Distance Speed Time Personal Best	Run Send Distance Speed Dance Our local area Encourage Plan Solution Dynamics Sequence Mirror Movement Symmetrical Asymmetrical	Position Apparatus Sequence Canon Partner Mirror Communicate Judge Explain Suggest Dance Extreme earth Encourage Plan Solution Dynamics Sequence Mirror Movement Symmetrical Asymmetrical	Dance Ancient Greeks Encourage Plan Solution Dynamics Sequence Mirror Movement Symmetrical Asymmetrical	Independent Strokes Offensive Defensive Movement
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Miss R Walton